

BI-01D.03 Fit for work processes with specific advice on self-management

Expectations

Operating sites should develop and maintain processes that support personnel to be both fit for work and to maintain a healthy work-life balance.

Specify

Personnel are trained in how to manage shift work and other workplace demands. The training should explain how to meet site requirements for:

- Managing and reporting impairment e.g. caused by fatigue, medication, illness etc.
- Impairment screening e.g. alcohol and other drug screening
- Mental health and wellness goals are included in subjects addressed

Implement

Training and assessment carried out to schedule. Health and wellness self-management information is provided. Routine reinforcement of site impairment management expectations and processes.